

# Jim's Real Food Kitchen

*A Plant Based Whole Foods Lifestyle*



## Vegan Jim's Red Cabbage Sandwich

Vegan Jim enjoys this sandwich almost daily.

### Ingredients

1. Food for Life, Ezekiel 4:9, Low Sodium, Flourless, Sprouted Grain Bread
2. Thinly sliced raw red cabbage
3. Vegan Jim's Tofu Sauce

Note: Vegan Jim uses all organic ingredients

### Directions

Spread tofu sauce onto bread, add cabbage and ENJOY!



### Tofu Sauce Recipe

- Put entire package of Tofu into blender
- Add 1 cup of water or more to obtain desired consistency (soy milk is optional)
- For those wanting additional flavor, you may add to the blend spices of your choice or a vegetable.

**Note:** Food for Life's Ezekiel 4:9 Sprouted Grain Flourless Bread has no added salt.