

Low Sodium Stir-Fry Sauce

From Yummly

Ingredients

- 2 tbsp. sesame oil (Use Udo's 3-6-9 oil)
- 2 tsp. minced garlic
- 1 tsp. pepper
- 6 tsp. cornstarch
- 4 Tbsp. water (use water in place of chicken broth)
- crushed red pepper flakes

Ingredients Not Used by Vegan Jim

- 4 Tbsp. lite soy sauce (Kikkoman)
- 4 Tbsp. brown sugar
- 6 tsp. lemon juice
- 2 tsp. minced ginger
- 2 cups organic chicken broth (Swanson)